# D.A.R.E. SCOOP...

Volume 2, Issue 5 May 2015

# Food for thought....

Your work is to discover your world and then with all your heart give yourself to it.

Buddha



May ......

Birthstone – Emerald Flower – Lily of the Valley Color – Yellow and Red

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# Sunset



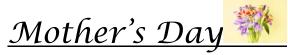
Each of us will experience the sunset of our days. How we live our lives along this journey is how we will be remembered.

As I reflect upon my time with Ms. Lois Anderson, I remember her beautiful spirit. She was always such a lady. Poised and always dressed impeccably. She carried herself with such elegance, so much so you felt you were in the presence of Royalty. The conversations she shared with me were thought provoking and sometimes downright funny. I wish I would have had more time to hear more of her stories, to play that card game we talked about or even share a green smoothie.

Her spirit will be greatly missed. However, the memories that we all have of her will last forever.

Let's honor her by giving one another their flowers while we can see them.

"For life is what we make of it and how others remember us".



Sunday, May 10, 2015

In the U.S., Mother's Day was first suggested as a day dedicated to peace in 1872 by Julia Ward Howe, writer of the lyrics of the *Battle Hymn of the Republic*. Howe organized Mother's Day meetings in Boston, MA for many years.

In 1907, Anna Jarvis, a Philadelphia, PA schoolteacher, began a campaign to establish a national Mother's Day. She persuaded her mother's church in Grafton, WV to celebrate Mother's Day on the second anniversary of her mother's death which was on the second Sunday in May that year. Jarvis and her supporters wrote letters to ministers, businessmen and politicians to promote a national Mother's Day.

By 1911, Mother's Day was celebrated in almost every state.

In 1914, President Woodrow Wilson proclaimed Mother's Day as a national holiday to be held every year on the second Sunday of May.



## **Good Eats**



## **Bananas Foster French Toast**

### **Ingredients:**

8 slices cinnamon bread, cut into 1/2-inch cubes (about 8 cups)

8 eggs

1 cup milk

2 1/2 cups real maple syrup

1 teaspoon rum extract

6 ripe bananas, cut into 1/2-inch slices

1 cup chopped pecans

#### **Directions:**

Spray bottom of 13x9-inch (3-quart) baking dish with cooking spray. Arrange bread cubes in baking dish. In large bowl, beat eggs, milk and 1/2 cup of the maple syrup with wire whisk. Pour over bread in baking dish. Cover and refrigerate 8 hours or overnight.

Heat oven to 350°F. Uncover; bake 35 to 40 minutes or until golden brown along edges. Let stand 7 to 10 minutes before serving.

Meanwhile, in medium microwavable bowl, microwave remaining 2 cups maple syrup uncovered on High 1 to 2 minutes, stirring every 30 seconds, until warm. Stir in rum extract.

Sprinkle banana slices and pecans evenly over bread; drizzle with 1 cup of the warmed syrup mixture. Serve immediately with remaining syrup.

### Word Search

### Wheel of Fortune

Α W NΥV Ν Η T M W В A N I Т  $\mathbf{E}$  $\mathbf{E}$ CВ  $\mathbf{E}$ Ι  $\mathbf{L}$ Т  $\mathbf{L}$  $\mathbf{L}$  $\mathbf{E}$ Ν 0 D 0 R Α Η C N M N0 Α Ι S R S Т Η  $\mathbf{E}$ Р R Ι C  $\mathbf{E}$ Ι G Η T U Α Ν N K Т Ε Η S  $\mathbf{E}$ G S R Ν W 0 M Α Т U K 0 W Α S Y Ν Ι S  $\mathbf{E}$  $\mathbf{E}$ R F D  $\mathbf{E}$ F D Ν R U Т Ν R Р M N Ι F F Ι R G V R  $\mathbf{E}$ R  $\mathbf{L}$ Ν Ι 0 P 0 0 IJ F Ι N Α  $\mathbf{L}$ S Р Ι N U Ρ 0 E U N F P M S P Т P K CΑ J M V M U G T 0 0 Ν Т 0 N F U Α Т S Α J Α K  $\mathbf{L}$ Η Z Ε Т R Ι 0 Z В  $\mathbf{E}$ P 0 C Ι S U Μ  $\mathbf{E}$ Μ  $\mathbf{E}$ Η T Ζ T  $\mathbf{E}$ S W Z L CL I P R Ι Z $\mathbf{E}$ S 0  $\mathbf{L}$ V E L Α R U C  $\mathbf{E}$  $\mathbf{L}$ G  $\mathbf{E}$  $\mathbf{L}$ Т S R Y U G V  $\mathbf{E}$ C S Ν Ε  $\mathbf{E}$ Ε J  $\mathbf{L}$ Α  $\mathbf{E}$ Ν W Т G 0 S G F Ι V 0 S Η  $\mathbf{Z}$ P Ι R W 0 J D 0 C T E L В R I Y W  $\mathbf{E}$  $\mathbf{E}$ K В Η Т  $\mathbf{E}$ W В V

Wheel of Fortune bankrupt free spin vowel consonant prizes cash letters puzzle Solve bonus round category toss-up puzzle jackpot final spin winning R, S, T, L, N, E Pat Sajak

Vanna White Merv Griffin celebrity week trip automobile Game Show Network theme music



Color the picture bring it to the office and go to the Treasure Box!



D.A.R.E. SCOOP 4

## **Events and Celebrations**



Mon. May 4th Resident Meeting

Tues. May 19th Sharron Boone Craft Day

Wed. May 20th Cain's Barber College

Fri. May 22<sup>nd</sup> Game Day

Fri. May 29th Movie Night

## May is .....

- Asian/Pacific American Month
- Fibromyalgia Education and Awareness Month
- Healthy Vision Month
- National Mental Health Month
- National Salsa Month
- National Arthritis Month
- Women's Health Care Month
- Get Caught Reading Month

May 2 141st Kentucky Derby

May 5 Cinco de Mayo

May 8 Have a Coke Day

#### May 10 Mother's Day

May 15 National Chocolate Chip Day

May 24 Indianapolis 500 Race

May 25 Memorial Day

May 28 National Hamburger Day

Kappy Birthday to all our residents celebrating in the month of May!!!



**DARE Staff** 

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